

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 767
TO BE ANSWERED ON 13TH DECEMBER, 2022**

TREATMENT PROVISIONS FOR MENTAL DISORDERS

767. SHRIMATI PHULO DEVI NETAM:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of persons suffering from any type of mental disorder in the country and the details thereof;
- (b) whether it is a fact that despite the increasing number of patients, there is a dearth of psychiatrists and psychiatry hospitals in the country;
- (c) if so, the measures being taken by Government to deal with this shortage; and
- (d) the provisions in Central Government Health Scheme for the treatment of people suffering from mental disorders?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

- (a) Prevalence of psychiatric disorders in the country is given by the National Mental Health Survey, 2016. This survey was commissioned by the Ministry and carried out by the National Institute of Mental Health and Neurosciences, Bengaluru, in collaboration with 12 states. Overall lifetime prevalence of any mental morbidity is about 11% (about 12 crore people). Coming to the individual disorders,
 - Schizophrenia and related psychotic disorders: 0.4 % (about 50 lakh people)
 - Mood disorders (including depressive disorder and Bipolar Affective Disorders): 2.8% (about 3 crore people)
 - Other common mental disorders: 3.5 % (about 4 crore people)
 - Alcohol Use disorders: 4.6% (about 5 crore people)

(b) & (c) For providing affordable and accessible mental healthcare facilities in the country, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 704 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level. Under the Tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. In addition, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialities.

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country.

(d) CGHS provides primary healthcare facilities to CGHS beneficiaries and consultation by Medical Officers and Specialists is provided; medicines advised by the Specialists are issued to the CGHS beneficiaries.
