

GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
RAJYA SABHA
STARRED QUESTION NO-11
ANSWERED ON – 07.12.2022

SERVING OF EGG IN MID-DAY MEALS

11. SMT. JEBI MATHER HISHAM:

Will the Minister of *Education* be pleased to state:

- (a) whether it is a fact that National Institute of Nutrition and the Karnataka State Education Department recommended that egg be served to the students in their Mid-Day Meals and if so, the steps taken by Government, the details thereof; and
- (b) whether Government will take steps to ensure that egg is served in Mid-Day Meals to tackle severe multi-nutrition deficiency among children, and any other reasons, adhering to the right to nutrition rather than right to food?

ANSWER

THE MINISTER OF EDUCATION

(SHRI DHARMENDRA PRADHAN)

(a) & (b): A statement is laid on the table of the House.

Statement referred to in reply to parts (a) & (b) of Rajya Sabha Starred Question No. 11 for 07.12.2022 raised by Smt. Jebi Mather Hisham, Hon'ble MP regarding Serving of Egg in Mid-Day Meals

(a): As per the information received from State Government of Karnataka eggs are being distributed as Supplementary Nutritional Food to children studying in class 1st to 8th in government and aided schools in 2 aspirational districts and 6 high anaemia districts in Karnataka. It is also informed that the Government of Karnataka has initiated the program of distributing Supplementary Nutritional Food in all the other districts of the state to 46,25,977 students studying in classes 1st to 8th in Government and Aided schools for 46 days during 2022-23.

(b): As per the provisions of National Food Security Act (NFSA), 2013, children studying in classes I-VIII or within the age group of 6-14 years are entitled to one mid day meal free of charge, every day except on school holidays, in all Government and Government aided schools so as to meet nutritional standards specified in the Act. Accordingly, one hot cooked meal is provided to eligible children on all working school days under PM POSHAN Scheme. The following nutritional content is prescribed in the Scheme:

Components	Primary	Upper Primary
Calories	450 Cal	700 Cal
Protein	12 gms	20 gms

The above nutritional norms are met by providing the following food items to the children of primary and upper primary classes under the scheme:

S.No.	Items	Primary Stage	Upper Primary Stage
		Food norms (in gms)	Food norms (in gms)
1.	Foodgrains(Rice/Wheat/Coarse Grains)	100	150
2.	Pulses	20	30
3.	Vegetables (Leafy & Others)	50	75
4.	Oil & Fat	5	7.5
5.	Salt & Condiments	As per need	As per need

PM POSHAN Scheme is a centrally sponsored scheme implemented in partnership with the States and UTs. The overall responsibilities for providing cooked and nutritious meal to the eligible children lies with the State Governments and Union Territory Administrations in accordance with the Guidelines laid down by the Central Government. The States and UTs fix their menu according to their local needs, in order to meet the prescribed nutritional content.
