

GOVERNMENT OF INDIA
MINISTRY OF WOMEN AND CHILD DEVELOPMENT

RAJYA SABHA
UNSTARRED QUESTION NO. 1266
TO BE ANSWERED ON 08.12.2021

IMPACT OF USE OF MOBILE AND INTERNET ON CHILDREN.

1266 : SHRI BRIJLAL:

Will the Minister of Women and Child Development be pleased to State:

- (a) Whether any analysis has been made regarding the physical and mental impact of the unrestrained use of mobile and internet on children as per the survey conducted by the National Commission for Protection of Child Rights (NCPCR), if so, the details thereof;
- (b) Whether the dearth of parks for children to play and other ample space due to commercialisation, especially in urban areas, is also a reason as per the survey, if so, the suggestions by the Commission to do away with this problem; and
- (c) The reaction of Government on those suggestions, the details thereof?

ANSWER

MINISTER OF WOMEN AND CHILD DEVELOPMENT
(SHRIMATI SMRITI ZUBIN IRANI)

(a): The National Commission for Protection of Child Rights (NCPCR) has recently conducted a study on “Effects (Physical, Behavioural and Psycho-Social) of using Mobile Phones and other devices with internet accessibility by children” with sample size of 5000 from rural and urban all the zones of the country.

As per the study, 23.80 percent of children use smart phones while they are in bed, before going to sleep which increase with age; this has adverse impact on children. Use of smart phones at inappropriate times can have detrimental impact on health and well-being of children. One such impact is reduction in level of concentration among children. As per the study, 37.15% of children, always or frequently, experience reduced levels of concentration due to smart phone use.

(b) to (c): As per information received from NCPCR, based on the findings of the study, it recommends- a bigger portion of land in the communities needs to be identified as a playground for children that will encourage the children to involve themselves in games and sports.
