

GOVERNMENT OF INDIA  
MINISTRY OF DEFENCE  
DEPARTMENT OF MILITARY AFFAIRS  
**RAJYA SABHA**  
**UNSTARRED QUESTION NO.2092**  
TO BE ANSWERED ON 15<sup>th</sup> MARCH, 2021

**MRE KITS FOR ARMED FORCES**

2092 SHRI PARTAP SINGH BAJWA:

Will the Minister of DEFENCE be pleased to state:

- (a) whether the armed forces are provided Meals Ready to Eat (MRE) Kits akin to those prevalent in North Atlantic Treaty Organisation (NATO), Russian and Chinese militaries;
- (b) if so, the details of the contents of such MRE kits including calorific information;
- (c) whether soldiers posted in Ladakh or other forward areas are provided MRE Kits;
- (d) whether Defence Research and Development Organisation (DRDO) or any other organisation have developed military-grade MRE Kits;
- (e) if so, details thereof and whether they are being used by armed forces; and
- (f) the feedback mechanism to ensure quality and taste preferences of soldiers/officers?

**ANSWER**

MINISTER OF STATE IN THE MINISTRY OF DEFENCE  
SHRI SHRIPAD NAIK

(a) Indian Armed Forces are provided with Meals Ready to Eat (MRE) rations which are at par with MREs of other countries.

The Indian MRE compares very well with well-known International rations like MRE of USA and GP-24 of UK in nutritional quality and packaging standards.

(b) The details of the contents of such MRE kits including calorific information are as under:

S. No.	Item(s)	Quantity (g)
<b>A</b>		
(i)	Ready-To-Eat Sooji Halwa	300x1

...2/-

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(ii)	Ready-To-Eat Vegetable Pulav	300x1
(iii)	Ready-To-Eat Potato Peas Curry	200x1
(iv)	Ready-To-Eat Dal Fry	200x1
(v)	Chapatis	160x2
(vi)	Tea (Dairy Whitener: 30 g, Sugar: 35 g, Dip Tea: 5 Nos)	3 Nos.
<b>B</b>		
(i)	Soft Bar	100x2
(ii)	Hexamine Stove	1 No.
(iii)	Hexamine Tablets	100 g
(iv)	SS Spoon	1 No.
(v)	Match box	1 No.
(vi)	Tissue paper	3 Nos.
	<b>Calorific value</b>	<b>3300 kcal</b>

(c) Soldiers deployed at High Altitude involved in operations are provided with MRE rations as per the requirements.

(d) & (e): Defence Food Research Laboratory (DFRL), a Mysore based laboratory of DRDO has developed MRE rations for Army and Navy, and are being regularly used by Armed Forces.

The ration does not require any cooking since the contents are thermally processed and can be consumed readily after little warming, if required.

(f) The quality of MREs is regularly monitored and checked by Composite Food Testing Labs (CFL) as per established procedures and mechanism.

This ration is specially designed to meet the Indian palate and is made of foods with which Indian soldiers are familiar. Thus, it provides maximum satiation and psychological satisfaction. The shelf life of the ration is one year under ambient condition. It is easy to prepare and found to be very popular with troops and particularly useful for short duration patrol duties.

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