

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO. 87  
TO BE ANSWERED ON 11<sup>TH</sup> DECEMBER, 2018**

**ACTION PLAN TO HANDLE MENTAL ILLNESSES**

**87. SHRI SHAMSHER SINGH DULLO:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has formulated any action plan on the WHO report stating that about seven per cent of Indian population suffers from mental illnesses;
- (b) if so, the details thereof;
- (c) whether the mental hospitals/centres in the country are facing shortage and financial crunch;
- (d) if so, what steps are being taken to fill up the gap in this regard; and
- (e) the total funds provided to each State including Punjab for promotion/ awareness of the National Mental Health Programme (NMHP) and development Centres during the last three years?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SMT. ANUPRIYA PATEL)**

(a) to (d): As per the World Health Organization's Report "Depression and Other Common Mental Disorders – Global Health Estimates" released in 2017, the number of people suffering from depression and anxiety disorders in India is 58 million (4.5% of the total population) and 38 million (3 % of the total population) respectively. However, as per the National Mental Health Survey conducted by the National Institute of Mental Health and Neuro Sciences, Bangalore in 12 States of the country, the prevalence of depressive and anxiety disorders in India is estimated to be 2.7% and 0.6% of the total population.

To address the disease burden of mental illnesses in the country, the Government of India has already been implementing the District Mental Health Programme (DMHP) under the National Mental Health Programme (NMHP) in 517 districts of the country with the objectives to:

- (i) Provide mental health services including prevention, promotion and long term continuing care at different levels of district healthcare delivery system.
- (ii) Augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.

- (iii) Promote community awareness and participation in the delivery of mental healthcare services.
- (iv) Broad-base mental health into other related programs.

Additionally, with an aim to increase the number of qualified mental health professionals in the country, under the National Mental Health Programme (NMHP), financial support is being provided to the Government Mental Health Institutes in States/UTs for improving their infrastructure and post graduate training capacity by establishing 25 Centres of Excellence and strengthening/ establishment of 47 Post Graduate Departments in mental health specialties.

In addition to the above, support has also been provided under the NMHP for upgradation of 88 Psychiatry wings of Govt. Medical Colleges/Hospitals and modernization of 29 State-run Mental Health Institutes.

Besides, three Central Institutions viz. National Institute of Mental Health And Neuro Sciences, Bangalore, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur and Central Institute of Psychiatry, Ranchi have also been strengthened and are being provided financial support for augmenting human resources in the area of mental health and for capacity building in the country.

The Government is also augmenting the availability of manpower to deliver mental healthcare services in the underserved areas of the country through a Digital Academy established at the three Central Mental Health Institutes to provide online training courses to various categories of general healthcare medical and para medical professionals.

(e): The financial assistance approved for various States/UTs, including Punjab, for conducting various district level activities, including promotion/awareness of the National Mental Health Programme and development of mental health, through their respective State Program Implementation Plans (PIPs) during the last three years is annexed.

Annexure

Funds provided to States/UTs for conducting various district level activities  
under the National Mental Health Programme during the last three years

(Rs. in lakhs)

S.No.	State	2015-16	2016-17	2017-18
1.	Bihar	683.80	839.09	139.80
2.	Chattisgarh	0.00	475.77	189.00
3.	Himachal Pradesh	56.48	8.76	54.80
4.	Jammu & Kashmir	0.00	170.08	36.20
5.	Jharkhand	0.00	237.46	41.55
6.	Madhya Pradesh	297.00	445.50	127.84
7.	Orissa	0.00	601.19	492.49
8.	Rajasthan	28.00	1898.15	724.50
9.	Uttar Pradesh	887.60	1481.88	1020.00
10.	Uttarakhand	0.00	133.22	52.45
11.	Arunachal Pradesh	0.00	228.42	133.04
12.	Assam	398.40	487.44	267.60
13.	Manipur	0.00	306.01	179.10
14.	Meghalaya	74.00	102.12	274.79
15.	Mizoram	253.09	401.62	232.00
16.	Nagaland	0.00	102.64	64.80
17.	Sikkim	172.67	138.03	90.54
18.	Tripura	63.08	106.28	52.40
19.	Andhra Pradesh	0.00	0.00	237.80
20.	Goa	61.15	39.80	24.10
21.	Gujarat	199.84	258.80	704.00
22.	Haryana	213.27	121.72	33.17
23.	Karnataka	317.20	1622.11	675.50
24.	Kerala	0.00	102.82	100.00
25.	Maharashtra	976.00	630.68	225.70
26.	Punjab	0.00	303.38	354.20
27.	Tamil Nadu	434.80	669.59	74.75
28.	Telangana	0.00	141.25	63.00
29.	West Bengal	0.00	362.57	103.98
30.	Andaman & Nicobar Islands	0.00	51.27	63.00
31.	Chandigarh	0.00	27.45	2.20
32.	Dadra & Nagar Haveli	63.40	56.88	20.60
33.	Daman & Diu	0.00	4.51	1.50
34.	Delhi	244.00	197.43	86.40
35.	Lakshadweep	23.98	36.42	14.70
36.	Puducherry	46.38	40.67	14.94
	Grand Total	5494.14	12831.01	6972.44