

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDDHA AND HOMOEOPATHY  
(AYUSH)**

**RAJYA SABHA  
UNSTARRED QUESTION NO.1281  
TO BE ANSWERED ON 14<sup>TH</sup> MARCH, 2017**

**INTEGRATING AYURVEDA WITH MODERN MEDICINE**

**1281. SHRI C.M. RAMESH:**

Will the Minister of **AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY** be pleased to state:

- (a) whether it is a fact that Ayurveda is meeting modern medicine with a little help from genomics;
- (b) whether it is also a fact that as per study conducted by Institute of Genome and Integrated Biology, if Ayurveda is integrated with modern medicine, a much more effective treatment can be given to patients;
- (c) if so, the details of such study; and
- (d) how Ministry is planning to push it forward?

**ANSWER**

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a): Yes.

(b) & (c): The Council of Scientific & Industrial Research (CSIR), through its constituent laboratory, CSIR-Institute of Genomics and Integrative Biology (CSIR-IGIB), New Delhi has taken up a programme namely Ayurgenomics. This programme integrates both the system i.e Ayurveda and modern medicine. The progress made so far in the integrative approach of Ayurveda with modern medicine and genomics studies indicate the potential of development of effective treatment for better management of health and disease.

(d): The Ayurgenomics approach of integration has provided initial insights into the modern scientific basis to the Ayurveda concepts, especially for high altitude adaptation and therapeutic modulation of asthma. Central Council for Research in Ayurvedic Sciences under Ministry of AYUSH (CCRAS) has initiated a project for “Development of a Standardized Prakriti Assessment Scale” as presently available questionnaires for Prakriti assessment lack standardization in content, format and scoring system. Format of questionnaire/ examination of Prakriti has been developed.

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