

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO.2355
TO BE ANSWERED ON 6TH DECEMBER, 2016**

APPROVAL FOR PSYCHOTHERAPY AND OTHER COURSES

2355. SHRI HUSAIN DALWAI:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) how many UGC approved Universities in India offer courses in psychotherapy, psychoanalysis, counselling and counselling psychology;
- (b) whether these courses are different from psychiatry and clinical psychology, if so, how;
- (c) whether it is a fact that Rehabilitation Council of India only approves courses in clinical psychology and psychiatry and not psychotherapy, psychoanalysis, counselling and counselling psychology courses, if so, the reasons therefor; and
- (d) whether in the Mental Healthcare Bill, 2016 only clinical psychologists and psychiatrists have been recognized and not other mental health professionals, if so, the reasons therefor?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI FAGGAN SINGH KULASTE)**

- (a): The University Grants Commission has informed that 41 universities in India offered courses in psychotherapy, psychoanalysis, counselling and counselling psychology in 2014-15. The list of such Universities is **annexed**.
- (b): The subjects like Psychosocial Foundations of Behavior, Biological Foundations of Behavior, Psychopathology, Psychiatry, Psychological Assessments, Psychotherapy and Counseling, Behavioral Medicine, Statistics and Research Methodology and Psychological Therapies are included in the course curriculum of Clinical Psychology. Similarly, Psychotherapies like Cognitive therapy, behaviour therapy, interpersonal therapy, dialectical behaviour therapy, family therapy, couples therapy, group therapy and other psychotherapeutic techniques form part of the MD Psychiatry and Diploma in Psychological Medicine course curriculum.
- (c): As per the Rehabilitation Council of India (RCI) Act, 1992, RCI recognizes qualifications for rehabilitation professionals granted by any University or other Institutions in India including, inter-alia, qualification for Clinical Psychology. The Post Graduate qualifications in Psychiatry namely MD Psychiatry and Diploma in Psychological Medicine are recognized by the Medical Council of India.

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(d): The Mental Healthcare Bill, 2016 recognizes the following persons as a “mental health professional”:

- “psychiatrist” meaning a medical practitioner possessing a post-graduate degree or diploma in psychiatry awarded by an university recognised by the University Grants Commission established under the University Grants Commission Act, 1956, or awarded or recognised by the National Board of Examinations and included in the First Schedule of Indian Medical Council Act, 1956, or recognised by the Medical Council of India, constituted under the Indian Medical Council Act, 1956, and includes, in relation to any State, any medical officer who having regard to his knowledge and experience in psychiatry, has been declared by the Government of that State to be a psychiatrist for the purposes of the proposed legislation
- “clinical psychologist” meaning a person-
 - i. having a recognised qualification in Clinical Psychology from an institution approved and recognised, by the Rehabilitation Council of India, constituted under section 3 of the Rehabilitation Council of India Act, 1992; or
 - ii. having a Post-Graduate degree in Psychology or Clinical Psychology or Applied Psychology and a Master of Philosophy in Clinical Psychology or Medical and Social Psychology obtained after completion of a full time course of two years which includes supervised clinical training from any University recognised by the University Grants Commission established under the University Grants Commission Act, 1956 and approved and recognised by the Rehabilitation Council of India Act, 1992 or such recognised qualifications as may be prescribed;
- "psychiatric social worker" meaning a person having a post-graduate degree in Social Work and a Master of Philosophy in Psychiatric Social Work obtained after completion of a full time course of two years which includes supervised clinical training from any University recognised by the University Grants Commission Act, 1956 or such recognised qualifications, as may be prescribed
- “mental health nurse” meaning a person with a diploma or degree in general nursing or diploma or degree in psychiatric nursing recognised by the Nursing Council of India established under the Nursing Council of India Act, 1947 and registered as such with the relevant nursing council in the State;
- a professional having a post graduate degree (Ayurveda) in Mano Vigyan Avum Manas Roga or a post graduate degree (Homoeopathy) in Psychiatry or a post graduate degree (Unani) in Moalijat (Nafasiyatt) or a post-graduate degree (Siddha) in Sirappu Maruthuvam.

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List of Universities offering courses in Psychotherapy, Psychoanalysis, counselling and counselling psychology for the year 2014-15

State/University	Department	Courses Offered
<u>FACULTY: ARTS</u>		
<u>Department : Psychology</u>		
<u>STATE: ANDHRA PRADESH</u>		
Andhra University	Psychology & Para Psychology	M.A. , M.Phil Ph.D.
Adikavi Nannaya University	Psychology	M.A.
<u>STATE: ASSAM</u>		
Gauhati University	Psychology	M.A. /MSc, Ph.D. Cert. in Psychological Counseling(6 Monts)
Assam Don Bosco University	Psychology & Counselling	M.Sc. Ph.D.
<u>STATE: BIHAR</u>		
B.N.Mandal University	Psychology	M.A. Ph.D.
B.B.R.Ambedkar Bihar University	Psychology	M.A. Ph.D.
Jai Prakash University	Psychology	M.A.
L.N.Mithila University	Psychology	M.A. Ph.D.
Magadh University	Psychology	M.A. Ph.D.
Nalanda Open University	Psychology	BA (Hons.), M.A. Ph.D.
Patna University	Psychology	M.A.
T.M.Bhagalpur University	Psychology	M.A. Ph.D.
Veer Kunwar Singh University	Psychology	M.A. Ph.D.
	Psychology	M.A.
	*(At PG Centre)	
<u>STATE: CHHATISGARH</u>		
Pt.Ravi Shankar Shukla University	Psychology	M.A. (Psychology), MA(Clinical Psychology), M.Phil Ph.D. PG Diploma in Guidance & Counselling Cert. in Psychology
<u>STATE: DELHI</u>		
Delhi University	Psychology	M.A. (Psychology) & MA(App. Psychology), Ph.D.
Indira Gandhi National Open Univ.	Psychology	BA , M.A. (Psychology), Ph.D. (Psychology)
Jamia Millia Islamia	Psychology	BA (Hons.), M.A. Ph.D. PG Diploma in Counselling Psychology

State/University	Department	Courses Offered
Bharat Ratna Dr.B.R. Ambedkar Uni.	Psychology	BA M.A. , M.Phil (Psychotherapy & Clinical Thinking) Ph.D. (Psychology)
<u>STATE: GUJARAT</u>		
M.K. Bhavnagar University	Psychology	M.A. Ph.D.
Gujarat University	Psychology	M.A. M.Phil Ph.D. PG Diploma in Counselling Psychology
M.S.University of Baroda	Psychology	BA M.A. Ph.D. PG Diploma(Mental Health,Clinical Community etc.)
Sardar Patel University	Psychology	B.Ed .Spl. Ed., M.A. , M.Phil , Ph.D.
Saurashtra University	Psychology	M.A. , M.Phil Ph.D.
Krantiguru SKV Kachchh University	Psychology (Not a Deptt.)	Ph.D.
Kadi Sarva Vishwavidyalaya,	Psychology	Ph.D.
Pt. Deendayal Petroleum University	Psychology	BA (Hons.) Ph.D.
Raksha Shakti Univeristy	Psychology	M.A. (Applied Psychology), Ph.D. (Investigation Psychology),
Rai University	Psychology	Ph.D.
<u>STATE: HARYANA</u>		
Kurukshetra University	Psychology	M.A. M.Phil Ph.D.
Maharshi Dayanand University	Psychology	M.A. Ph.D. PG Diploma in Guidance & Counselling
Manav Rachna Internat. University	Psychology	M.A. (Appl Psychology)
Central University of Haryana	Psychology	M.A.
Amity University	Psychology	BA (Hons-App Psychology), M.A. (Counselling Psychology)
<u>STATE: HIMACHAL PRADESH</u>		
Himachal Pradesh University	Psychology	M.A. M.Phil Ph.D. Diploma in Clinical Psychology
I.E.C University	Psychology	M.A.
<u>STATE: JAMMU & KASHMIR</u>		
Jammu University	Psychology	M.A. M.Phil Ph.D.
Kashmir University	Psychology	M.A. M.Phil Ph.D.
<u>STATE: JHARKHAND</u>		
Ranchi University	Psychology	M.A. Ph.D.
Siddhu Kanhu Murmu University	Psychology	M.A. , Ph.D.
Vinoba Bhave University	Psychology	BA M.A. Ph.D.
Kolhan University	Psychology	BA M.A. Ph.D.
Nilamber Pitamber University	Psychology	M.A. Ph.D.
<u>STATE: KARNATAKA</u>		
Gulbarga University	Psychology	M.A. M.Phil Ph.D.

State/University	Department	Courses Offered
Karnatak University	Psychology	M.A. M.Phil Ph.D.
Karnatak State Open University	Psychology	BA M.A.
Christ University,	Psychology	BA ,BA(Hons.), M.Sc. M.Phil Ph.D. Cert.
Central University of Karnataka	Psychology	M.Phil
Jain University	Psychology	BA M.Sc. M.Phil Ph.D.
CMR University	Psychology (Under School of Social Sc.& Humanities)	BA M.Sc.
<u>STATE: KERALA</u>		
Kerala University	Psychology	M.A. M.Phil Ph.D.
Mahatma Gandhi University	Psychology (School of Behavioural Scs)	MSc(Disability Studies &Rehabilitation Sc) M.Sc. (Psychology), M.Phil Ph.D.
Kannur University	Psychology (Under Deptt. of Behavioural Sc.)	M.Sc. /MA (Clinical & Counselling Psychology) Ph.D. (Psychology)
Sree Sankarcharya Sanskrit Univ.	Psychology	M.A. M.Phil Ph.D.
<u>STATE: MADHYA PRADESH</u>		
Awadesh Pratap Singh University	Psychology	M.A. M.Phil Ph.D.
Barkatullah Vishwavidyalaya	Psychology	M.A. (Psychology), MA(Clinical Psychology), M.Phil Ph.D. PG Diplomain HRD & PGD(Counselling & Guidance)
Devi Ahilya Vishwavidyalaya	Psychology	M.Phil , Ph.D. Diploma in Consumer Psychology & Advt. PG Dip in Guidance & Counselling
Dr.Hari Singh Gaur University	Psychology	BA /BSc, M.A. /Msc, Ph.D. PG Diploma in Psychology Counselling(Distance Edu)
Indira Gandhi National Tibal Univesirty	Psychology	BA
Amity University	Psychology	BA (Appl. Psychology)
Jagran Lakechity University	Psychology	BA (Hons.), M.A. M.Phil Ph.D.
Sri Satya Sai Univ. of Tech. & Med. Scs.	Psychology	BA , M.A.
<u>STATE: MAHARASHTRA</u>		
Mumbai University	Applied Psychology	M.A. Ph.D.
Dr.B.S.Ambedkar Marathwada Univ.	Psychology	M.A. PG Diploma
The RTM Nagpur University	Psychology	M.A. Ph.D.
Savitribai Phule Pune University	Psychology	M.A. , Ph.D.
S.N.D.T.Women's University	Psychology	M.A. Ph.D.
	Psychology	M.A. Ph.D.

*(PG Centre at Pune)

State/University	Department	Courses Offered
Tata Institute of Social Sciences	Applied Psychology (Centre of Human Ecology)	M.A. (Clinical/ Counselling Psychology),
<u>STATE: MEGHALAYA</u>		
University of Science & Technology	Psychology	BA M.A. Ph.D.
<u>STATE: MIZORAM</u>		
Mizoram University	Psychology	BA M.A. M.Phil Ph.D.
<u>STATE: NAGALAND</u>		
Nagaland University	Psychology	M.A.
The Global Open University	Psychology	M.A. (Psychology), MSc(Applied Psychology), MA(Counselling),MA((Psychotherapy), MA (Development Psychology)MA(Forensic Psychology)
<u>STATE: ORISSA</u>		
Utkal University	Psychology	M.A. M.Phil Ph.D.
Ravenshaw University	Psychology	BA (Hons.), M.A. M.Phil Ph.D.
Indian Instt. of Tech. (Bhubneswar)	Psychology	Ph.D.
<u>STATE: PUNJAB</u>		
Guru Nanak Dev University	Psychology	M.A. (Hons.), M.Phil , Ph.D. ,PG Diploma in Mental Health Counselling
Lovely Professional University	Psychology	M.A. , MA(Applied Psychology), Ph.D. (Full/Part Time)
<u>STATE: RAJASTHAN</u>		
Jai Narain Vyas University	Psychology	BA , BA(Hons), M.A. Ph.D.
Vardhman Mahavir Open University	Psychology (Under the Deptt of Education)	PG Dip in Memory Enhancement & Stress Mngt, PGD in Indian +ive Psychology,PG Diploma in Guidance & Counselling, Cert. in Memory Enhancement Science
Mohanlal Sukhadia University	Psychology	BA M.A. Ph.D. PG Diploma in Counselling & Psychotherapy, PG Dip in Psychological Testing
Banasthali Vidyapeeth	Psychology	BA M.A. Ph.D.
Mody Instt. of Tech. & Science	Psychology (Under Arts , Sc & Comm. Faculty)	BA (Hons.)
Mewar Univeristy	Psychology	BA M.A. M.Phil Ph.D. PG Diploma in Psychology
Suresh Gyan Vihar University	Psychology	BA (Hons.)
Amity University	Psychology	BA (Hons)(Psychology), M.A. (Counseling Psychology), M.Phil (Clinical Psychology), PG Diploma in Counselling Psychology,

State/University	Department	Courses Offered
IIS University	Psychology	BA (Pass/Hons.)/B.Sc.(Pass & Hons), M.A. /M.Sc, M.Phil Ph.D. Diploma & Adv Dip in Counselling & Guidance Cert. in Counselling & Guidance
Shri J.P. Jhabarmal Tibrewala Univ.	Psychology	BA M.A. Ph.D.
Maulana Azad University	Psychology	BA
<u>STATE: SIKKIM</u>		
Sikkim University	Psychology	M.Phil (Integrated), Ph.D.
<u>STATE: TAMIL NADU</u>		
Periyar University	Psychology	M.A. M.Phil Ph.D.
Vellore Instt.of Technology	Psychology	M.Phil Ph.D.
<u>STATE: TELANGANA</u>		
Osmania University	Psychology	M.A. Ph.D. PG Diplomain Child Psyco Rehabililities
	Psychology	BA
	# (Nizam College, Hyderabad)	
	Psychology	BA , M.A.
	# (University Coll for Women,Koti, Hyderabad)	
<u>STATE: TRIPURA</u>		
Tripura University	Psychology	M.A. , Ph.D.
<u>STATE: UTTAR PRADESH</u>		
Aligarh Muslim University	Psychology	BA (Hons.), M.A. Ph.D.
Allahabad University	Psychology	BA M.A. /MSc, Ph.D.
Banaras Hindu University	Psychology	BA (Hons.), M.A. ,MA(PMIR), Ph.D. PG Diplomain Counselling & Psychotherapy, PG Dip in Counselling Guidance & Psychotherapy
Choudhry Charan Singh University	Psychology	M.A. M.Phil Ph.D.
Deendayal Upadhyaya Gorakhpur Univ.	Psychology	BA , M.A. , Ph.D.
Lucknow University	Psychology	BA , M.A. Ph.D. PG Diploma in Human Resource, PG Diploma in Counselling
Mahatma Gandhi Kashi Vidyapeeth	Psychology	BA , M.A. M.Phil Ph.D. PG Diploma in Psychoth Council & Scinc.
M.J.P.Rohilkhand University	Applied & Clinical Psychology	M.A.
J.Ram Bhadracharya Handicaped Univ.	Psychology	BA M.A. Ph.D.
Dayalbagh Educational Institute	Psychology	BA BA(Hons), M.A. M.Phil Ph.D.

State/University	Department	Courses Offered
Amity University	Psychology (Amity Sch. of Psychology & Allied Sc)	BA (Hons.), M.A. (Counselling Psychology), M.Phil (Counselling Psychology), Ph.D. ,PG Diploma in Counselling Psychology
	Applied Psychology (Amity Sch. of Psychology & Allied Sc)	BA (Hons.)(Applied Psychology), M.A. (Applied Psychology), M.Phil , Ph.D.
Indian Institute of Tech.(Kanpur)	Psychology	Ph.D.
Nehru Gram Bharati University	Psychology	BA M.A.
Gautam Buddha University	Applied Psychology	M.A. M.Phil (Clinical/Rehabilitation & Psychology) Ph.D.
Noida International University	Psychology	BA M.A.
Galgotias University	Applied Psychology	BA (Hons.), M.A. Ph.D. ,PG Diploma in Counselling
Monad University	Psychology	BA M.A. M.Phil Ph.D.
<u>STATE: UTTRAKHAND</u>		
Kumaun University	Psychology	BA , M.A. Ph.D.
Dev Sanskriti Vishwavidyalaya	Psychology	BA /BSc, M.A. /MSc, Ph.D.
Gurukul Kangri Vishwavidyalaya	Psychology	BA (Vedalkar),BA(Vidyalankar), M.A. /M.Sc.(Psychology),, Ph.D. (Psychology)
	Psychology	M.A. (Psychology) Ph.D. (Psychology)
	# (Kanya Gurukul Campus, Haridwar)	
University of Patnawali	Psychology	BA M.A.
Uttarakhand Open University	Psychology	BA
<u>STATE: WEST BENGAL</u>		
Calcutta University	Foreign Policy Studies	M.Phil
	*(Institute of Foreign Policy Studies)	
<u>STATE: CHANDIGARH (UT)</u>		
Panjab University	Psychology	M.A. , Ph.D. , Post MA Dip in Psychological Testing,Post MA Dip in Professional Counselling & Psychotherapy
<u>FACULTY: SCIENCE</u>		
<u>STATE: ANDHRA PRADESH</u>		
Sri Venkateswara University	Psychology	M.Sc. (Psychology),MSc(Counselling Psychology) M.Phil Ph.D. PG Diploma in Guidance & Counselling

State/University	Department	Courses Offered
Yogi Vemana University	Psychology	M.Sc. Ph.D.
<u>STATE: HARYANA</u>		
Guru Jambheshwar Sc. & Tech. University	Applied Psychology	M.Sc.
Amity University	Psychology	BSc (Clinical Psy.), M.Sc. (Clinical Psy.)
<u>STATE: KARNATAKA</u>		
Bangalore University	Psychology	M.Sc. (Psychology), MSc(Psychology Counseling), Ph.D. PG Diploma(Psychology Counseling)
Kuvempu University	Clinical Psychology	M.Sc.
# (University & Constituent Colleges)		
Mysore University	Psychology	M.Sc. , PG Diploma in Counselling & Health Psychology
Karnatak State Open University	Psychology	M.Sc.
<u>STATE: KERALA</u>		
Calicut University	Psychology	M.Sc. M.Phil Ph.D.
<u>STATE: MEGHALAYA</u>		
Martin Luther Christian University	Psychology	BSc , M.Sc. (Counselling Psychology) M.Phil (Community & Mental Health), PG Diploma in Counselling Psychology
<u>STATE: PUNJAB</u>		
Punjabi University	Psychology	M.Sc. , Ph.D. , PG Diploma in Counselling in Psychology
Desh Bhagat University	Psychology	M.Sc. , M.Phil , Ph.D.
<u>STATE: RAJASTHAN</u>		
Rajasthan University	Psychology	M.A. /MSc, M.Phil Ph.D.
<u>STATE: TAMIL NADU</u>		
Annamalai University	Psychology	MSc(App. Psychology), M.Sc. (Clinical Psychology) & 5 Yrs Intg, M.Phil , Ph.D.
Bharathiar University	Psychology	M.Sc. (App Psychology) M.Phil Ph.D.
Madras University	Psychology	M.A. (HRD Psychology), M.Phil , Ph.D. , PG Diploma in Counselling Psychology, PG Dip in Organizational Devel. & Mngt of Change
Manonmaniam Sundaranar University	Psychology	M.Sc.
Tamil Nadu Open University	Psychology	BSc , M.Sc. (Psy.), MSc(Counselling & Psychotherphy), M.Phil Ph.D. PG Diploma in Psychological Counselling

State/University	Department	Courses Offered
Av.Instt.for H.Sc.& H.Edu.for Women	Psychology	BSc , M.Sc. M.Phil Ph.D.
<u>STATE: TELANGANA</u>		
Hyderabad University	Psychology (Centre for Health Psychology)	M.Sc. (Health Psychology) Ph.D. (Psychology)
Kakatiya University	Psychology	M.Sc.
<u>STATE: UTTAR PRADESH</u>		
B.B.R.Ambedkar University (Lucknow)	Psychology (Brain & Cognition Scs.)	M.Sc. (Brain & Cognition Scs.), MA(Psychology)
Amity University	Psychology (Amity Sch. of Behavioural & Allied Sc)	BSc (Hons.), M.A. , B.A.+M.A.(Clinical Psychology-Intg), M.Phil , Ph.D.
<u>STATE: WEST BENGAL</u>		
Calcutta University	Applied Psychology	M.Sc. , MA, Ph.D. PG Diploma in Psychological Counselling, School Counselling & Rehabilitation Psychology
	Psychology	M.A. , MSc, M.Phil (Clinical Psychology), Ph.D. Diploma in Behavioural Psychology,
West Bangal State University	Psychology	BSc , M.Sc.
<u>STATE: PUDUCHERRY (UT)</u>		
Pondicherry University	Applied Psychology	M.Sc. (App Psychology), Ph.D. (Applied Psychology)